

Kidney Failure Treatment Options - Comparison Chart

Health District: 219 NW 12th Avenue, Suite C4, Miami, Florida 33128

Coral Gables: 835 SW 37th Avenue, Miami, Florida 33135

Treatment	Schedule	Location	Availability	Equipment and Supplies	Training Required	Diet
In-Center Hemodialysis	Three treatments a week for about 4 hours.	Dialysis center.	Available in most communities; may require travel in some rural areas.	No equipment or supplies in the home.	Little training required; clinic staff perform most tasks.	Must limit fluids, sodium, potassium, and phosphorus.
Home Hemodialysis	More flexibility in determining your schedule of treatments.	Home.	More widely used as smaller and simpler machines are developed.	Hemodialysis machine connected to plumbing, chair.	You and a partner must attend several training sessions.	Must limit fluids, sodium, potassium, and phosphorus.
Continuous Ambulatory Peritoneal dialysis (CAPD)	Four to six exchanges a day, every day.	Any clean environment that allows solution exchanges.	Widely available.	Bags of dialysis solution take up storage space.	You'll need to attend several training sessions. You may need to bring a partner.	Must limit sodium and calories.
Automated Peritoneal Dialysis	Three to five exchanges a night, every night, with an additional exchange begun first thing in the morning.	Any clean environment that allows solution exchanges.	Widely available.	Cycling machine, bags of dialysis solution.	You'll need to attend several training sessions. You may need to bring a partner.	Must limit sodium and calories.
Kidney Transplant (Deceased Donor)	You may wait several years before a suitable kidney is available. After surgery, you'll have regular checkups with your doctor.	The transplant surgery takes place in a hospital.	Transplant centers are located throughout the country. However, the demand for kidneys is far greater than the supply.	No equipment or supplies needed.	You'll need to learn about your medicines and when to take them.	Fewer dietary restrictions.
Kidney Transplant (Living Donor)	If a friend or family member is donating, you can schedule the surgery when you're both ready After surgery, you'll have regular checkups with your doctor.	The transplant surgery takes place in a hospital.	Transplant centers are located throughout the country. However, the demand for kidneys is far greater than the supply.	No equipment or supplies needed.	You'll need to learn about your medicines and when to take them.	Fewer dietary restrictions.